Purify and recharge your spirit for the year.

From ancient times, the Japanese people practiced 年越の大祓 Toshikoshi-no-Ōharae, a prayer to purify and to rid themselves of the year's 厄難 yakunan (illness, accident, injury, fight etc...) or "bad luck" and kegare, or "withered spirit". Over the course of the last six months (since you performed Nagoshi-no-Harae), the energy of a person's spirit is diminished by tiredness, stress, and other pressures, so Toshikoshi-no-Ōharae rituals are performed every December to cleanse and refresh this energy and recharge the spirit. Shinto Shrine of Shusse Inari in America provides these traditional ceremonies with mystic rituals that have been passed down through the generations of our shrine.

One such ritual is the use of 人形 *hitogata* on which have been written the mystic words, "十種神宝 *Tokusa-no-kamdakara*." *Hitogata* are slips of paper cut into the shape of a person, and it is believed that the *hitogata* represents the person concerned. In the *Toshikoshi-no-Ōharae* ceremony, the *hitogata* is thought to carry all of that person's *kegare*.

[How to use hitogata/katashiro]

- 1. Write your name, street address (not PO Box) and age* on the front of *hitogata/katashiro*. If you need additional *hitogata* and/or *katashiro*, please download from our website, print out, and cut out them along the outline. Write name, street address (not PO Box) and age/license plate etc...
- 2. Breathe once on the *hitogata/katashiro*. (For pet, the pet itself or owner may breathe upon the *katashiro*. For vehicle, owner or driver should breathe upon the *katashiro*).
- 3. Wipe on the body part one wishes to improve or renew with the *hitogata/katashiro*.

For example:

To use *hitogata*/Pet *katashiro*, one suffering from knee pain would wipe the *hitogata* on their knee, or, if they wish to be smarter, on their head while saying your wishes like "please heal my knee pain, please be smarter." etc. For pet, rub the pet with the *katashiro* if possible.

To use vehicle *katashiro*, wipe the steering wheel while you are saying your wishes like "please no accident, no mechanic issues." etc...

- 4. Fill out the application form on our website and select a package plan. https://shintoinari.org/
- 5. Prepare the donation ceremony fees.

Check: Payable to Shinto Shrine of Shusse Inari in America

PayPal: https://www.paypal.com/us/fundraiser/charity/3405572

6. Mailed (it must reach us no later than December 24th)
Mailing address: 9854 National Blvd., #284, Los Angeles, CA 90034



Ceremony fee donation QR Code

We will hold the *Toshikoshi-no-Ōharae* ceremony on December 31st with your *hitogata* (and *katashiro*) and notify you of the completion of the ceremony. We will then send your package if you requested one.







^{*}Eastern Age Count.

Hitogata ritual for Toshikoshi-no-Ōharae Package Plan List

Please select one of the following plans and mail *hitogata* (and *katashiro*), fill out application form online, and donate the ceremony fee via check or PayPal

https://www.paypal.com/us/fundraiser/charity/3405572.

Except for the Premium Plan, all plans are for one individual/car/pet.

We will hold the *Toshikoshi-no-Ōharae* ceremony on December 31st with your *hitogata* (and *katashiro*) and notify you of the completion of the ceremony.

We will then send your package if you request one.

Hitogata Plan minimum \$10.00

Toshikoshi-no-Ōharae rituals ceremony which is using *hitogata/katashiro*.

A Shinto Priest will read each person's name (or pet name for pet *katashiro*) during the ceremony. Following the ceremony, you will receive a certification of your participation by email.

Toshikoshi Plan minimum \$20.00

Hitogata plan's benefits and a pouch of purification salt.

Nanjo Plan minimum \$50.00

Toshikoshi plan's benefits and a Nanjo Ofuda (protective talisman against ill fortune).

Kitsune plan minimum \$70.00

Toshikoshi plan's benefits and blessed items: one tea bag from five kinds of plants, set of assorted tea bags (Mulberry, Wasabi, Lindera, Sweet Potato and Perilla all from Sankoen Tea. www.ocha350.co.jp). These assorted tea bags are all made in Shimane. Sankoen Tea is located in Matsue, Shimane prefecture, as is our parent shrine.

Inari Plan minimum \$80.00

Toshikoshi plan's benefits and a bag of Blessed Rice.

Premium Plan minimum \$100.00

Nanjo plan's benefits for up to five family members (including pets, vehicles, roommates) and a bag of Blessed Rice.





Blessed Tea Bags



Blessed Rice 1lb. (454g)



Dear international participant(s), we kindly ask that you cover shipping costs for your plan (*hitogata* plan excluded). Thank you for your understanding. Please note that local customs regulations may prohibit the shipping of *Chinowa* and rice to some countries.